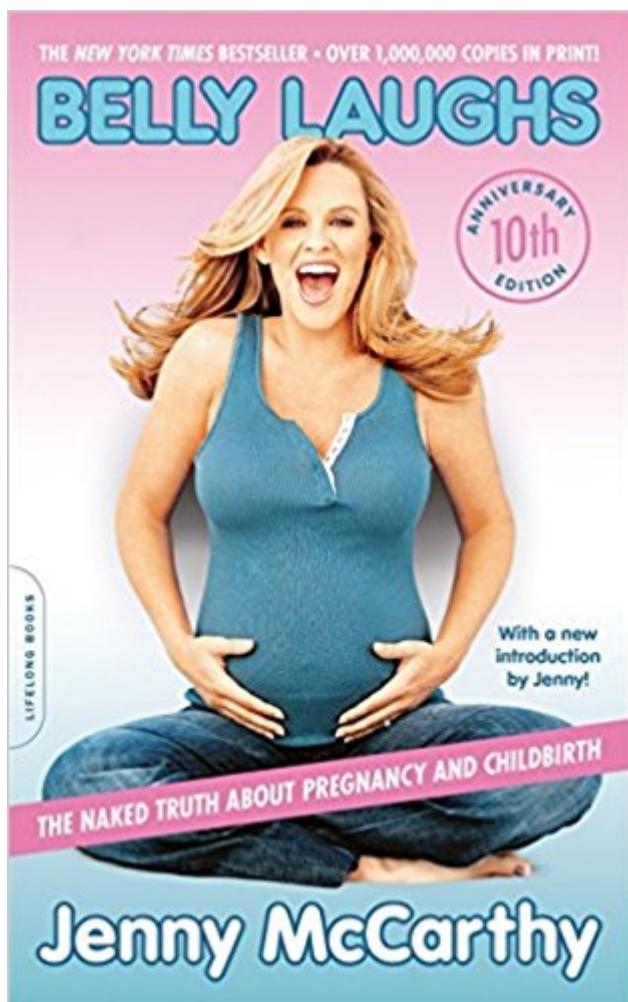


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# Belly Laughs, 10th Anniversary Edition: The Naked Truth About Pregnancy And Childbirth



## Synopsis

THE RUNAWAY NATIONAL BESTSELLER Revealing the naked truth about the tremendous joys, the excruciating pains, and the inevitable disfigurement that go along with pregnancy, Jenny McCarthy tells you what you can't really expect when you're expecting! From morning sickness and hormonal rage, to hemorrhoids, granny panties, pregnant sex, and the torture and sweet relief that is delivery, *Belly Laughs* is must-read comic relief for anyone who is pregnant, has ever been pregnant, is trying to get pregnant, or, indeed, has ever been born!

## Book Information

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## Customer Reviews

McCarthy, 1994 Playmate of the Year, actress (Scream 3; Baywatch; etc.) and former host of MTV's *Singled Out*, gave birth to her first child in 2002. Her pregnancy wasn't pretty; and she wants to tell readers all about it. At the outset, she tells them, "If you bought this book, you are already aware of my frankness when it comes to certain things; anatomy and bodily functions among them. If someone gave this book to you as a gift and you've never heard of me, apologies to you!" She goes on to recount the nitty-gritty of pregnancy in all its gory detail, covering morning sickness, hormonal rage, cravings, hemorrhoids, "engorged" breasts, gas, hot flashes, fainting spells, weight gain, acne, water retention and, finally, labor. McCarthy is undeniably crass but funny, and her candor and self-deprecation are refreshing. Each brief, chatty chapter focuses on a different; and awful; facet of pregnancy, with McCarthy relating personal anecdotes and usually winding down by reassuring women they're not alone. McCarthy's tales are, for the most

part, a hoot, though they may offend more uptight readers. For example, in the beginning of McCarthy's pregnancy, she was constipated, so she visited a specialist. In the waiting room, the assistant called her name, and "everyone... looked up in surprise, and I knew what they were thinking: 'Jenny McCarthy has butt hole problems?' I was so embarrassed, until I realized that they had no right to be smirking: Those assholes were also there because of their own assholes. I felt better already."Copyright © Reed Business Information, a division of Reed Elsevier Inc. All rights reserved. --This text refers to an out of print or unavailable edition of this title.

McCarthy applies her in-your-face manner and blue humor to the subject of pregnancy and childbirth in this little piece of fun. The former Playboy centerfold and all-around bad girl recounts her journey to motherhood with utter abandon, discussing topics that those other wholesome books tend to treat too gently, such as enemas, pubic hair growth, and sex in the ninth month. What's noble about this book (yes, noble) is that women who find these topics too embarrassing to bring up now have a place to read about them in a frank and open discussion.^B After all, they're as real as morning sickness, and McCarthy treats them with a candor that borders on crude but that is refreshing, and, ultimately, necessary. Not to mention funny. Like a gossipy girlfriend, McCarthy brings you in and makes you laugh; there's a certain comfort in knowing that even a sex symbol gets stretch marks and balloons to 200 pounds during pregnancy. A must-have for any childbirth collection. An aggressive marketing campaign suggests libraries ought to stock up. Mary Frances WilkensCopyright © American Library Association. All rights reserved --This text refers to an out of print or unavailable edition of this title.

I read this book after my pregnancy. I had fun going through Jenny's anecdotes and I really loved how the book is organized : so many more serious pregnancy books are typically of the "month by month" sort. Here, each chapter covers one aspect of pregnancy - mostly ailments! (and each has a hilarious title with a pun) eg one on morning sickness, one on bloating, another yet on baby kicks, etc. which gives a refreshing overview of what is in store for you. It is, indeed, pretty blunt and direct but the humor makes it go down more easily! and I could totally relate to a lot of the topics covered and her perception. However, it is enough to scare a sensitive future mother, and I want to point out to all pregnant women who read it : don't worry, things are not always as bad as that, there is little chance you will endure all or even most of the issues described here, for a lot of women it's down to a few specific problems - some of us don't gain much weight, others are not bloated etc. 'When I read through the book I kept thinking, "this is the worst pregnancy I ever heard of!", not to mention

the hellish delivery. Chances are you will have an easier time statistically speaking! A criticism I have is I thought the book was overpriced for its length; I read "Baby laughs" too and the same applies - if sold together they would be worth 10 dollars, but 10 dollars each is a little over the top.

This book has everything in it that the other baby books don't tell you. It's funny and it's a quick read. I thoroughly enjoyed this book and I do not read often. Tip: Don't read when you're in a crowded place (such as an airplane like I did) as the titles of the chapters that are in bold letters are not child appropriate.

Despite this book being written by a celebrity with some unrealistic references, like finding something to wear to an award show, the writer was down to Earth with completely funny parts in this book. It's a good read, I read it in 2 days and would recommend it to anyone wanting to know some pregnancy secrets..no matter how personal. Jenny definitely rips the covers off with her personal experiences and offers seemingly good advice throughout the entire book. A definite good read.

Loved it. Great book for first time moms, veteran moms, or any human being, in general. Jenny McCarthy is funny, witty, crass, and best of all, honest. Not only is it a nice break from all of the pregnancy books you've been telling you everything you've been doing wrong or scaring the s\*\*\* out of you, but it's a good laugh. 5 stars from me, and 5 stars from you, too, after you read it.

I 100% recommend this book to all pregnant women. I read it in a few hours. It's an easy read and it's very entertaining. Jenny is very relatable and very funny. You have to have an open sense of humor but I love that she tells it like it is. My pregnancy seems so similar to hers and it's great to read that someone else has gone through this and understands. It's like having a girlfriend to give advice and lift your spirits. I can definitely see myself reading this over and over throughout my pregnancy. I wish I could give it a better rating I love it so much!!

I am a brand new pregnant lady who was pleasantly surprised by a positive pregnancy test. My husband and I were experiencing pregnancy for the first time and we were totally clueless. The feelings and thoughts I've had made me feel like I was being selfish or shallow, but after reading this book, my thoughts and feelings felt like they weren't so abnormal. I actually felt relieved and began to embrace the craziness of pregnancy. If you're looking for a novel, this isn't it. It does jump around

a lot, but my thought on that was maybe Jenny did that because every pregnancy can be different and we probably experience things at different times. If she said specifically what she experienced at that specific time, it might not be as easy to relate. I really enjoyed this book and would recommend it, especially to first time moms.

Such a wonderful real life review on pregnancy. I suggest it to any new mom. Great laughs!

Funny read, Jenny makes you feel like you're not alone in the craziness of pregnancy! She doesn't go overboard with pregnancy nonsense that will make you nervous, she writes about her experiences and the honesty behind the ugliness, and beauty of pregnancy.

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